

Statistics Report 09431, USDA Commodity, mixed fruit (peaches, pears, grapes), canned, light syrup, drained

Report Date: July 01, 2017 03:38 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water 1	g	84.60	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Energy	kcal	57	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Energy	kJ	237	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Protein 1	g	0.46	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Total lipid (fat) 1	g	0.10	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Ash 1	g	0.19	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Carbohydrate, by difference	g	14.65	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Fiber, total dietary 1	g	1.6	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Sugars, total	g	11.25	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose 1	g	0.03	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Glucose (dextrose) 1	g	5.49	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Fructose 1	g	4.85	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Lactose 1	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Maltose 1	g	0.88	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Galactose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2004
Minerals													
Calcium, Ca 1	mg	5	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Iron, Fe 1	mg	0.31	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Magnesium, Mg 1	mg	5	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Phosphorus, P 1	mg	12	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004

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Potassium, K 1	mg	89	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Sodium, Na 1	mg	5	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Zinc, Zn 1	mg	0.09	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Copper, Cu 1	mg	0.075	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Manganese, Mn 1	mg	0.027	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Vitamins													
Vitamin C, total ascorbic acid 1	mg	2.2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Thiamin 1	mg	0.012	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Riboflavin 1	mg	0.024	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Niacin 1	mg	0.392	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Pantothenic acid 1	mg	0.041	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6 1	mg	0.016	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Folate, total 1	µg	2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2004
Folate, food	µg	2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Folate, DFE	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamin A, RAE	µg	15	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Carotene, beta 1	µg	110	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Carotene, alpha 1	µg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Cryptoxanthin, beta 1	µg	142	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Vitamin A, IU	IU	302	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Lycopene 1	µg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lutein + zeaxanthin 1	µg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone) 1	µg	4.6	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2004
Lipids													
Fatty acids, total saturated	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	09099	04/2005
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2005

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA USDA Commodity pickup 2001, 2001 Beltsville MD